

**PUBLIC OPENING POSITION DISCLOSURE/DEALING DISCLOSURE BY
A PERSON WITH INTERESTS IN RELEVANT SECURITIES REPRESENTING 1% OR
MORE**

Rule 8.3 of the Takeover Code (the "Code")

1. KEY INFORMATION

(a) Identity of the person whose positions/dealings are being disclosed:	Ashley House plc plus concert parties
(b) Owner or controller of interests and short positions disclosed, if different from 1(a): <i>The naming of nominee or vehicle companies is insufficient</i>	Ashley House plc Stephen Minion Kate Centauro Jonathan Holmes Mary Holmes Roger Holmes Kate Holmes Samantha Holmes Sir William Wells Andrew Gibson
(c) Name of offeror/offeree in relation to whose relevant securities this form relates: <i>Use a separate form for each offeror/offeree</i>	AH Medical Properties plc
(d) If an exempt fund manager connected with an offeror/offeree, state this and specify identity of offeror/offeree:	n/a
(e) Date position held/dealing undertaken:	23 August 2010
(f) Has the discloser previously disclosed, or are they today disclosing, under the Code in respect of any other party to this offer?	NO

2. POSITIONS OF THE PERSON MAKING THE DISCLOSURE

(a) Interests and short positions in the relevant securities of the offeror or offeree to which the disclosure relates following the dealing (if any)

Class of relevant security:	Ordinary Shares of 0.01p each			
	Interests		Short positions	
	Number	%	Number	%
(1) Relevant securities owned and/or controlled:				
Ashley House plc	4,404,762	6.71%	Nil	Nil
Stephen Minion*†	7,697,046	11.72%	Nil	Nil
Kate Centauro	447,250	0.68%	Nil	Nil
Jonathan Holmes*	1,571,826	2.39%	Nil	Nil
Mary Holmes	1,431,550	2.18%	Nil	Nil
Roger Holmes	320,834	0.49%	Nil	Nil
Kate Holmes	320,834	0.49%	Nil	Nil
Samantha Holmes	33,333	0.05%	Nil	Nil
Sir William Wells	285,000	0.43%	Nil	Nil

Andrew Gibson	25,000	0.04%	Nil	Nil
Total	16,537,435	25.18%	Nil	Nil
*- Includes interests of spouse				
† - Stephen Minion is also a director of AH Medical Properties plc and his interests were also included in the interests of AH Medical Properties plc and its concert parties in the Opening Position Disclosure released at 9:37am on 20th August 2010				
(2) Derivatives (other than options):	Nil	Nil	Nil	Nil
(3) Options and agreements to purchase/sell:	Nil	Nil	Nil	Nil
TOTAL:	16,537,435	25.18%	Nil	Nil

All interests and all short positions should be disclosed.

Details of any open derivative or option positions, or agreements to purchase or sell relevant securities, should be given on a Supplemental Form 8 (Open Positions).

(b) Rights to subscribe for new securities (including directors' and other executive options)

Class of relevant security in relation to which subscription right exists:	Ordinary Shares of 0.01p each			
Details, including nature of the rights concerned and relevant percentages:				
The persons listed in 1(b) above have the following interests in options over unissued shares of 0.01p in the Company:				
	No. of shares to which options relate	Exercise price	Earliest date of exercise	Date of expiry
Jonathan Holmes	330,000	0.01p	Immediately	20 October 2014
Andrew Gibson	100,000	0.01p	Immediately	11 January 2016
Kate Centauro	50,000	0.01p	Immediately	6 February 2016
Total	480,000			

If there are positions or rights to subscribe to disclose in more than one class of relevant securities of the offeror or offeree named in 1(c), copy table 2(a) or (b) (as appropriate) for each additional class of relevant security.

3. DEALINGS (IF ANY) BY THE PERSON MAKING THE DISCLOSURE

(a) Purchases and sales

Class of relevant security	Purchase/sale	Number of securities	Price per unit
Nil	Nil	Nil	Nil

(b) Derivatives transactions (other than options)

Class of relevant security	Product description e.g. CFD	Nature of dealing e.g. opening/closing a long/short position, increasing/reducing a	Number of reference securities	Price per unit
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		<i>long/short position</i>		
N/A	N/A	N/A	N/A	N/A

(c) Options transactions in respect of existing securities

(i) Writing, selling, purchasing or varying

Class of relevant security	Product description <i>e.g. call option</i>	Writing, purchasing, selling, varying etc.	Number of securities to which option relates	Exercise price per unit	Type <i>e.g. American, European etc.</i>	Expiry date	Option money paid/received per unit
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

(ii) Exercising

Class of relevant security	Product description <i>e.g. call option</i>	Number of securities	Exercise price per unit
N/A	N/A	N/A	N/A

(d) Other dealings (including subscribing for new securities)

Class of relevant security	Nature of dealing <i>e.g. subscription, conversion</i>	Details	Price per unit (if applicable)
N/A	N/A	N/A	N/A

The currency of all prices and other monetary amounts should be stated.

Where there have been dealings in more than one class of relevant securities of the offeror or offeree named in 1(c), copy table 3(a), (b), (c) or (d) (as appropriate) for each additional class of relevant security dealt in.

4. OTHER INFORMATION

(a) Indemnity and other dealing arrangements

<p>Details of any indemnity or option arrangement, or any agreement or understanding, formal or informal, relating to relevant securities which may be an inducement to deal or refrain from dealing entered into by the person making the disclosure and any party to the offer or any person acting in concert with a party to the offer: <i>If there are no such agreements, arrangements or understandings, state "none"</i></p>
N/A

(b) Agreements, arrangements or understandings relating to options or derivatives

<p>Details of any agreement, arrangement or understanding, formal or informal, between the person making the disclosure and any other person relating to: (i) the voting rights of any relevant securities under any option; or (ii) the voting rights or future acquisition or disposal of any relevant securities to which any derivative is referenced: <i>If there are no such agreements, arrangements or understandings, state "none"</i></p>
N/A

(c) Attachments

Is a Supplemental Form 8 (Open Positions) attached?	NO
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Date of disclosure:	24 August 2010
Contact name:	Stephen Ronaldson (Company Secretary)
Telephone number:	0207 580 4071

Public disclosures under Rule 8 of the Code must be made to a Regulatory Information Service and must also be emailed to the Takeover Panel at monitoring@disclosure.org.uk. The Panel's Market Surveillance Unit is available for consultation in relation to the Code's dealing disclosure requirements on +44 (0)20 7638 0129.

The Code can be viewed on the Panel's website at www.thetakeoverpanel.org.uk.