



4 September 2009

AH MEDICAL PROPERTIES PLC

EXERCISE OF OPTIONS

AH Medical Properties plc ("AHMP") the Primary Care medical property investment company announces today that Stephen Minion, AHMP's Deputy Chairman, has exercised 330,000 options granted in 2004 at 0.01p each. Stephen Minion's increased holding in AHMP is 7,397,046 ordinary shares or 11.3% of the issued share capital.

AHMP has made application to PLUS Markets for the 330,000 new AHMP shares of 0.01p each to be admitted to trading on PLUS Markets. It is expected that admission will become effective on Monday 7 September 2009.

DETAILS OF ENLARGED SHARE CAPITAL

Following the admission to Plus Markets of the 330,000 new AHMP shares, AHMP's issued share capital will consist of 65,666,539 ordinary shares of 0.01p each.

The above figure may be used by shareholders as the denominator for calculations by which they will determine if they are required to notify their interest, or a change to their interest, in AHMP under the Disclosure and Transparency Rules.

The directors of AH Medical Properties plc accept responsibility for this announcement.

ENQUIRIES:

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